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# Children's Book: The Carrot, The Egg And The Tea Bag: (Moral Story For Kids On Overcoming Anxiety And Adversity) (Books About Perseverance Book 2)



## Synopsis

Have you ever noticed your child struggling to deal with complex or unpleasant situations? Have you ever felt unable to approach your child during challenging moments in his life? Wouldn't it be great if you could teach your children the importance of positive thinking and perseverance when dealing with stressful situations or challenging tasks? If I could provide a simple tool to help your children understand the importance of self-determination and persistence in their everyday life, by developing their critical thinking skills, while enjoying a fun and heartwarming story, would you consider using it? *The Carrot, the Egg, and the Tea Bag* is a motivational bedtime story for the entire family and may also prove to be a useful resource for both teachers and counsellors who wish to teach their students vital skills that can be used in the real world. Filled with stunning illustrations, this simple yet meaningful message is easy to digest. One lesson which you will walk away with after reading this book is, "In the middle of difficulty lies opportunity." This promising narrative follows the ventures of a young girl named Sharon who learns of the importance of self-determination and perseverance when faced with difficult challenges in her everyday life. Overwhelmed by her determination to succeed, Sharon seeks guidance from her loving father who teaches her, through his ingenious imagination and creative use of food items, a powerful and unforgettable life lesson which is both meaningful and noteworthy. Are you the Carrot, the Egg, or the Tea Bag? The decision is yours. What was the cause of Sharon's worry? What lesson did Sharon's father teach her that day? Will the lesson change the way Sharon approaches her responsibilities? In the end, will Sharon decide to be the Carrot, the Egg, or the Tea Bag? Equip your child with the tools they need to embrace the obstacles and challenges that life presents them, and to encourage them to keep pushing forward, even when the going gets tough. Nowadays, children are often faced with difficult decisions and complex challenges. Our job is to prepare them for these types of situations by providing them with the tools they need in times of adversity. This includes presenting them with the mentality and mindset to always think of a positive outcome in every situation. This is important because research has found that children who display optimism in times of difficulty are more likely to overcome the challenges presented to them. Through beautiful illustrations and a charming storyline, this compelling book will help you teach your child the importance of self-determination, critical thinking, and endurance. These are the keys to a successful and rewarding life filled with endless opportunities. \*\*\* This children's book features Kindle Text Pop-Up for reading text over vivid, full-color images (double tap on the text). Scroll up and grab your copy of *The Carrot, the Egg, and the Tea Bag* today!

## Book Information

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## Customer Reviews

This children's book indeed has a great story. It teaches children to see challenges as opportunities, like how one thing can lead to another thing. It teaches children how to not easily get discouraged and how to stay strong. It shows a great example of how to respond to challenges and how to divert negative into something positive. The book has a very eye-catching illustration. The free coloring book is definitely a plus!

I saw this book for free and since I myself have dealt with anxiety my entire life I thought I would read it and save it for my niece and nephew. I appreciate that this is a book for children about dealing with challenges in life but the part in the book where the father seems to call the daughters friend weak for fearing all dogs after getting bit or attacked by a dog is not appropriate. The boy may have a weakness but that does not make him weak! I feel that the father may be setting the daughter up to be a perfectionist and leading her to believe that having any weaknesses is a bad thing. I could go on and on but I won't. I just don't feel this was the right book for teaching about

anxiety.

Once again, AM Marcus had come up with a very inspiring story for kids and adults alike. In this book, Sharon was overwhelmed with all the things she had to face in the next coming weeks - an upcoming Ballet recital, Math exams and a Spelling Bee contest. There was so much happening that she didn't know what to do. Until she went to her father's kitchen and asked for his help. There he told her about the Carrot, the Egg and the Teabag, and Sharon learned a whole lot about handling difficult situations. This book is the perfect analogy of how man faces and conquers challenges that come upon him. I read this to my kids and asked for their opinions about Sharon's miseries. My eldest son thought the carrot is like a man who may seem strong and sturdy at first sight, but eventually, he loses his strength when things didn't go smoothly. I asked my second child about the egg. He said, it was soft inside when uncooked, just like man who has a soft heart. But he also becomes strong and hardened when faced with difficulties. And soon, we all talked about the tea bag, and we'd like to think that we are like the tea bag. That when we are charged with heat and challenges, we have the ability to turn things around and we could create change and spread positivity all throughout. I'm glad my kids understood the meaning behind this story and was inspired to think better when they thought they couldn't do something they wanted.

I have heard of the story of the carrot, the egg, and the tea bag before, but this is the first time that I have a way to share it with my kids in a way they can understand and apply it to their lives at this point. The examples of the outcome when each food faced a challenge (the boiling water) is related to what they know. I know my kids get busy with the activities they enjoy and the responsibilities they gave, but they need a lesson like this when they become anxious when things start to become more tightly scheduled or overlap. They also need to see what can happen if they do not find balance in their lives. Adults can tell their kids not to let their nerves bring them down, but talking with them about their problems and providing them with realistic examples like this book can help them deal with anxiety and be happier kids for it. My daughter liked this story and you can tell it made her think about the way she deals with challenges in her young life.

Have you ever felt overwhelmed by the things in your life? Has your child ever felt overwhelmed with school, and sports, and other activities? Never really know how to explain it so that they can understand it? Well, here is a simple easy answer. Sharon is overwhelmed with Ballet, math and a Spelling Bee all coming up. So her Father, with a little help in the kitchen, explains to her how we

can let challenges change us, or we can change based on the challenge. I read this with my child, and she thought it was great, she understood the concept and said that she would use that analogy when explaining it to other people later on. We have yet to download the FREE coloring book that is included in the purchase, but hope to real soon! That is just another added bonus for the younger reading set. The coloring book reinforces the lessons and ideas taught in the book, adding to them and helping younger children remember and understand the concepts. Once again, a fabulous book by author Assaf Marcus for children, something please measure and propose. He has probably become my favorite writer for children's books. I love them and look forward to passing this on to another generation of readers!

Within this book is a story of a little girl that is overwhelmed by a lot of upcoming events that she needs to be prepared for, like we all tend to get sometimes, including our children. It has meaningful picture illustrations along with a great analogy that even parents can learn from and use when needing to teach their kids how to handle each circumstance as they come. One day at a time.

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